

Assisted Outpatient Treatment (AOT) Summary of the Research

- Data is leading national organizations to develop positions in favor of AOT.
- AOT is being examined nationally to assist individuals with Severe Mental Illness when used appropriately.
- Compared to voluntary services, there is reduction in Hospitalizations, Length of hospital stays, Arrests, Incarceration, and Homeless nights.



Data from New York and North Carolina

How we started.

Part I

- Judge Mack and others from WSU CBHJ made a visit in August 2023.
- Learned from 2 CMHSPs on their AOT practices
- No additional funding, created a Court and Hospital Liaison position to be an internal expert.
- Started cleaning up our electronic health record on AOT.
- In 2024, started meeting with Grand Traverse Co. Probate Court Judge Whitten and staff, Sheriff Shea and staff, jail medical staff, Munson Healthcare reps.

How we started.

Part II

With the PIHP emergency oversight, there has been numerous changes to leadership and management.

How do we improve AOT awareness???

We created and performed trainings on AOTs/Deferrals for NLCMHA staff and began developing relationships with our probate courts and Munson Healthcare.

Recognized we had no institutional awareness of AOT practices, limited coordination with AOT/Deferral patients, and were mostly “scrambling” in handing of AOT between staff and Probate Courts.

Most AOTs were likely not being renewed beyond the initial AOT, though we frankly didn’t know what was occurring.

Creating new job functions, creating new documents, learning from others.



Centralizing & Creating
new job functions
supporting AOT



Creating new internal
procedures



Improving internal
awareness of AOT



Letters to Probate Court
and persons served and
External Providers



- Learning from WSU's Center for Behavioral Health and Justice
- Leveraging Judge Mack's expertise to help us interface with local Probate Courts



WAYNE STATE
School of Social Work
Center for Behavioral Health and Justice



Center for Behavioral Health and Justice (CBHJ)

AOT Initiatives

AOT Toolkit and Expansion

- Website of information about AOT
- Ask an expert plus Q&A sessions
- Community of Practice (COP) webinars

AOT evaluation

- Gathering data to assess landscape of AOT in Michigan to make recommendations for best practices

Foundation Strengthening Initiative

- Provide technical support to 10 CMHSPs to bolster their AOT programs



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<https://behaviorhealthjustice.wayne.edu/aot>

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