



Northern Lakes
Community Mental
Health Authority

Committee of the
Whole Packet

December 21, 2023



Administrative Office, 105 Hall Street, Suite A, Traverse City, MI 49684

COMMITTEE OF THE WHOLE - AGENDA

DATE: December 21, 2023
TIME: 12:30 p.m.
PLACE: 105 Hall Street, Traverse City, MI 49684
And Virtual Meeting
Dial 1-810-258-9588 Conference ID 986 665 315#

TIME	ID #	ITEM	POLICY #
12:30 p.m.		Call to Meeting	2.8
12:35 p.m.		Public Comment <i>(May be limited to three minutes by the Committee Chairperson)</i>	
12:40 p.m.	1	CCBHC - Bob Sheehan, Chief Executive Officer of CMHA of Michigan	
1:40 p.m.	2	Update on Recipient Rights - Brian Newcomb, Director of Office of Recipients Rights	
1:50 p.m.		Compliance, Quality, and Customer Services Report - Kari Barker, Director of Quality and Compliance	
2:00 p.m.	3	Board Member Terms	
2:05 p.m.		January 19, 2024 Agenda Planning – Cadillac	
2:10 p.m.		Adjourn	

Note: This is the Board's work group and often times the Board's work groups do not follow set times.

NEXT MEETING: January 19, 2024

NOTICE: If any person with a disability needs accommodations, please call the CEO's Office three days before the posted meeting date.

Certified Community Behavioral Health Clinics: A Primer



Northern Lakes Board of Directors

December 2023

Robert Sheehan

Community Mental Health Association of Michigan



Aim of today's discussion

- Discussion will cover:
 - A definition of CCBHCs and the aim of the CCBHC movement
 - A description and differentiation of grant-funded sites and Michigan's State Demonstration CCBHCs
 - Dispersion of CCBHCs across the country and Michigan
 - Impact of CCBHCs nationwide and during the first year
 - Overview of the support provided by CMHA and the National Council related to Michigan CCBHCs
 - Work that MDHHS, CMHA, the National Council, and Senator Stabenow's office are doing to revise CCBHC requirements to meet the needs of rural communities and the CMHs that serve them



Defining CCBHCs

- CCBHCs are specially-designated clinics that provide a **comprehensive range of mental health and substance use services**.
- CCBHCs **serve anyone who walks through the door**, regardless of their diagnosis and insurance status.
- CCBHCs **meet stringent criteria** regarding timeline of access, quality reporting, staffing and coordination with social services, criminal justice and education systems.
- CCBHCs **receive flexible funding** to support the real costs of expanding services to fully meet the need for care in their communities.



2 types of CCBHC sites

CCBHC sites funded by SAMHSA grants

- Focus on a single or small number of target populations (veterans, homeless, etc.). Does not require certification as a CCBHC meeting full set of CCBHC requirements. Often using grant dollars to build infrastructure.
- Funded through SAMHSA grants (Typically \$1 million/year for four years)



CCBHC State Demonstration sites

- Meet all CCBHC requirements during or soon after first year of involvement in State Demonstration.
- CCBHC State Demonstration sites are funded through Medicaid Prospective Payment System (PPS), as a Medicaid payment, outside of the sub-capitation received by Michigan CMHs, based on the number of days of service provided to CCBHC enrollees



Services that must be made available to all individuals, either directly provided by a CCBHC clinic, or through contracted designated collaborating organizations (DCOs):

1. Crisis mental health services, including 24-hour emergency crisis intervention services, and crisis stabilization.
2. Screening, assessment, and diagnosis, including risk assessment.
3. Patient-centered treatment planning or similar processes, including risk assessment and crisis planning.
4. Outpatient mental health and substance use services.

- 
5. Outpatient clinic primary care screening and monitoring of key health indicators and health risk.
 6. Targeted case management.
 7. Psychiatric rehabilitation services.
 8. Peer support and counselor services and family supports.
 9. Intensive, community-based mental health care for members of the armed forces and veterans, particularly those members and veterans located in rural areas.

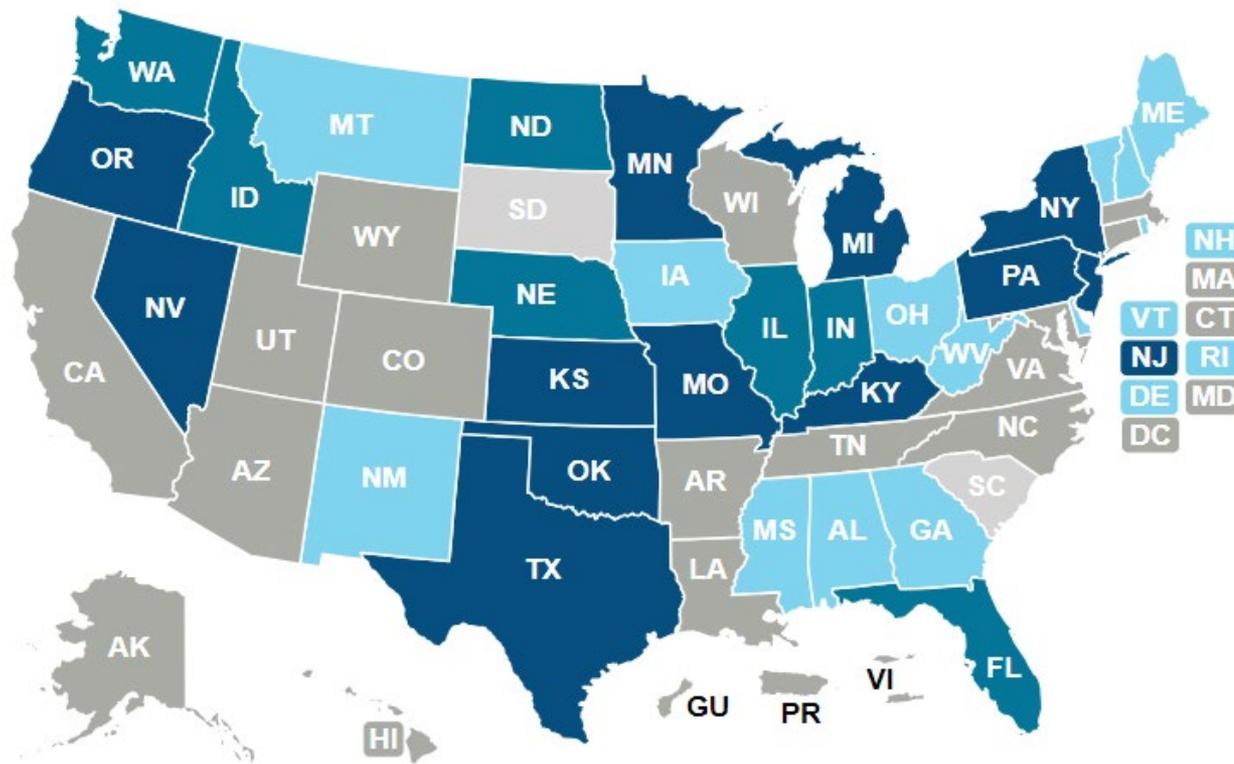


Integrating CCBHC into state's core Medicaid program

- A growing number of states are moving to implement the CCBHC model — similar to other value-based or alternative payment models, such as Michigan's capitated payments to its PIHPs and CMHSPs — independently via a state plan amendment or Medicaid waiver.

CCBHCs across the country

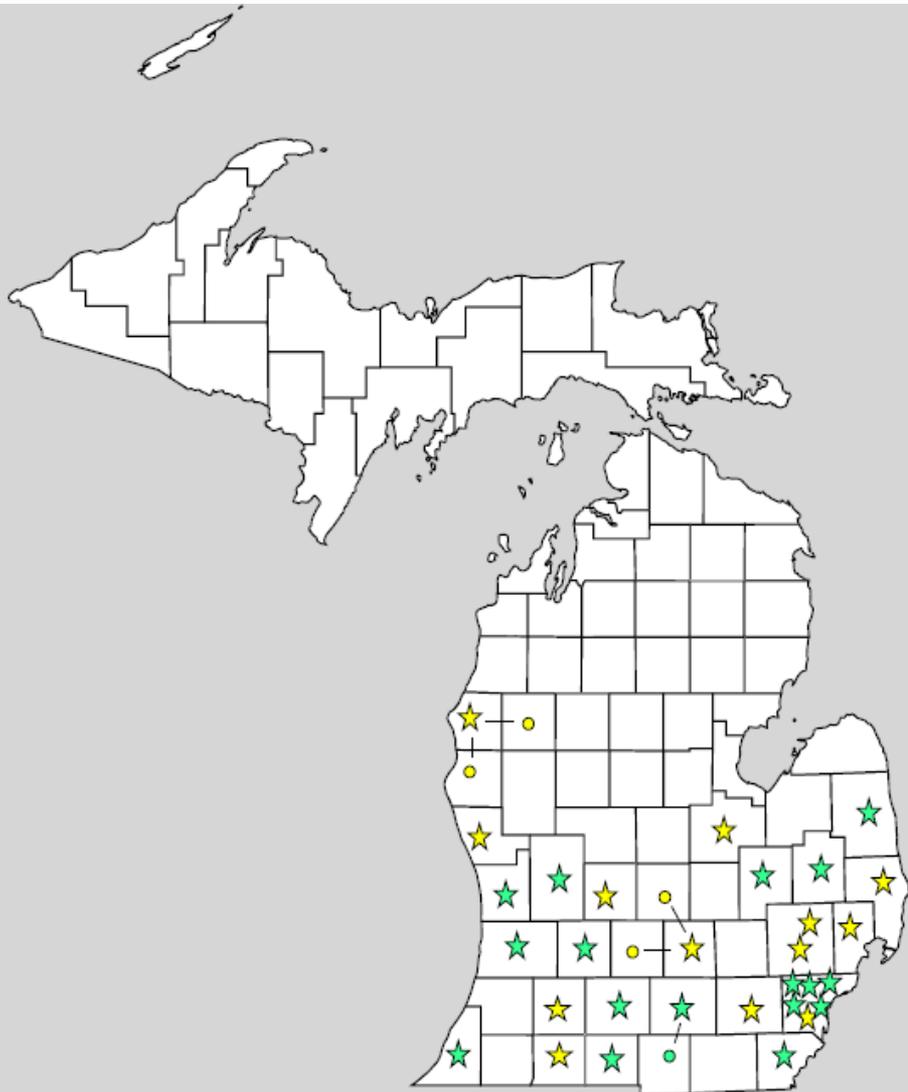
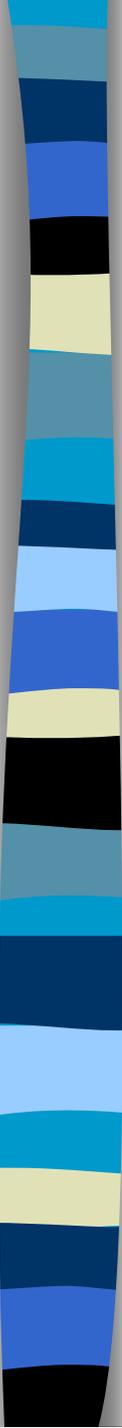
- As of November 2023, more than **500 CCBHCs** and **CCBHC grantees** are operating in **48 states**, plus Washington DC and Puerto Rico.





CCBHCs across Michigan

- 30 sites involved in Michigan's CCBHC State Demonstration Initiative
- 13 sites in Year 1 of the State Demonstration (10/22-9/23)
- 17 additional sites added in Year 2 of the State Demonstration (10/23-9/24)
- 22 of Michigan's 46 CMHSPs are CCBHCs



-  Original CCBHC Demo Sites
-  New CCBHC Demo Sites (October 1, 2023)
-  Satellite Site



CCBHC Impact: Nationally

- 2 million people served through CCBHCs; 180,000 increase (9% increase)
- 27 new staff positions created per site as a result of becoming a CCBHC
- 72% reduction in hospitalizations
- 41% reduction in homelessness
- 60.3% less time in jails



CCBHC Impact: Michigan

- Served 62,826 Michiganders
- 89% were covered by Medicaid
 - 65% of these had traditional Medicaid
 - 24% of these had Healthy Michigan
 - 11% other Medicaid coverage
- 11% did not have Medicaid
- 23% had primary or secondary SUD dx (with 3.2% having a primary SUD dx)
- 26% had mild to moderate mental health conditions



State-Reported Metrics: Care Coordination and Follow-Up Care		Statewide Average	CCBHC Average
Follow-Up After Emergency Department Visit for Mental Illness (FUM)	7 Day Follow-Up	46.49	62.09
	30 Day Follow-Up	61.39	77.17
Follow-Up After Emergency Department Visit for Alcohol and Other Drug Dependence (FUA)	7 Day Follow-Up	14.81	21.45
	30 Day Follow-Up	24.09	63.55
Follow-Up After Hospitalization for Mental Illness (FUH)- <i>Adult</i>	7 Day Follow-Up	41.57	45.97
	30 Day Follow-Up	63.51	70.11
Follow-Up After Hospitalization for Mental Illness (FUH)- <i>Child</i>	7 Day Follow-Up	60.58	59.55
	30 Day Follow-Up	82.09	83.49



State-Reported Metrics: Screening and Treatment Monitoring		Statewide Average	CCBHC Average
Diabetes Screening for People with Schizophrenia or Bipolar Disorder Who Are Using Antipsychotic Medications (SSD-AD)		76.31	80.92
Adherence to Antipsychotic Medications for Individuals with Schizophrenia (SAA-AD)		57.24	56.70
Antidepressant Medication Management (AMM-AD)	Acute	56.21	49.06
	Chronic	33.78	29.82
Plan All-Cause Readmissions Rate (PCR-AD)	Observed Rate	9.36	12.03
	Expected Rate	9.37	9.72
	O/E Ratio	1.00	1.24
Initiation and Engagement of Alcohol and Other Drug Dependence Treatment (IET-BH)	Initiation	38.37	43.54
	Engagement	11.10	12.31



Support provided to CCBHC sites

- National Council's CCBHC Success Center
- CMHA's CCBHC Technical Assistance Center
 - Support in applying to become a CCBHC State Demonstration site
 - Support with running a CCBHC State Demonstration site



Eliminating barriers to participation & ensuring sustainability

- CMHA working with MDHHS to revise the definitions of required services, most notably mobile crisis services
- MDHHS, Senator Stabenow, National Council, and CMHA advocating for funds to cover costs of serving those not covered by Medicaid
- CMHA, MDHHS, Governor, and Legislative allies working to ensure sound and permanent CCBHC funding



Key CCBHC resources

- [MDHHS CCBHC web site](#)
- [MDHHS – CCBHC Overview slides](#)
- [Michigan CCBHC Handbook](#)
- [Michigan CCBHC Year 1 Demonstration Report](#)
- [National Council's CCBHC Success Center](#)



Robert Sheehan

rsheehan@cmham.org

(517) 237-3142 direct

(517) 374- 6848 CMHA Offices

<https://www.cmham.org>

Office of Recipient Rights Director's Report
December 2023

Dates represented	10/01/21-12/13/21	10/1/22-12/13/22	10/1/23-12/13/23
Complaints	94	66	89
OJ, No Right Inv.	11	10	12
Interventions	6	1	9
Investigations	77	55	68
Investigations Comp	77	55	7
Investigations open	0	0	61
Inv > 90 days	0	0	0
Inv < 90 days	77/77(100%)	55/55(100%)	7/7 (100%)
Summary Report Avg	76/77(98.7%)	57/57(100%)	6/6(100%)
NLCMHA staff alleg.	6	12	7
NLCMHA Staff W/I 1 yr	0	3	1

Complaint Source

Complaint Source	Count
Anonymous	1
Community/General Public	4
Guardian/Family	10
ORR	23
Recipient	17
Staff	34
Total	89

Complaints Per Provider:

July 1, 2023- December 13, 2023

See attached chart.

Respectfully submitted,

Brian Newcomb

Director of Recipient Rights

Program	Substantiated	Pending	Not Substantiated	NA
Beacon Breakwater East	1	0	0	0
Beacon Home at Blue Lake	1	0	0	0
Beacon Home At Ludington	0	0	3	0
Beacon Home at Washburn	2	0	0	0
Beacon Mission Point	2	0	1	0
Beacon Silverview	1	0	1	0
Beacon Wave Crest	1	0	1	0
Cedar Valley AFC	1	0	0	0
Danes AFC	7	0	1	0
Fort Road Residence, LLC	1	0	0	0
Frances Specialized Residential	0	1	0	0
Friendship Family Home	1	0	0	0
Grand Traverse Industries, Inc.	1	0	0	0
GT Street Flint Home SIP	2	2	0	0
Heart and Soul Living LLC	2	0	0	0
Hickory Hill AFC LLC	1	0	3	2
Hope Network Behavioral Health Services	0	0	1	0
Hope Network Neo Rockford	1	0	2	0
Hope Network Neo Wyoming	1	0	0	0
Lincoln House LC	0	0	2	0
Northern Family Intervention Services	0	0	1	0
Ohana AFC	0	0	2	0
Premier Care Assisted Living 1	0	0	2	0
R.O.O.C., Inc.	0	0	3	0
Real Life Living Services	1	0	3	2
Seasons of Life AFC Home, LLC	1	0	1	0
Shur Care AFC Home, LLC	0	0	1	0
Spectrum Community Services SIP -	1	0	0	0
Spectrum Community Services SIP -	2	0	0	0
Spectrum Freedom Residence	0	0	2	0
Spectrum New Horizon	1	0	0	0
Spectrum Ridge Home	1	0	0	0
Summerfield AFC	2	0	0	0
Weeping Willow AFC Home LLC	0	0	10	0

Crawford (2)

Ruth Pilon 3/31/2025
Sherry Powers 3/31/2026

Grand Traverse (6)

Kate Dahlstrom 3/31/2024
Penny Morris 3/31/2024
Tom Bratton 3/31/2026
Dave Freedman 3/31/2026
Tony Lentych 3/31/2025
Mary Marois 3/31/2025

Leelanau (2)

Ty Wessell 3/31/2025
Greg McMorrow 3/31/2024

Missaukee (2)

Dean Smallegan 3/31/2026
Pam Babcock 3/31/2024

Roscommon (2)

Eric Ostergren 3/31/2024
Al Cambridge 3/31/2025

Wexford (2)

Ben Townsend 3/31/2025
Carol Blake 3/31/2026