



Administrative Office, 105 Hall Street, Suite A, Traverse City, MI 49684

Board of Directors Meeting Minutes

August 17, 2023

2:15 p.m.

Board Members Present: Ben Townsend, Greg McMorrow, Mary Marois, Al Cambridge, Pam Babcock, Kate Dahlstrom, Ruth Pilon, Tom Bratton, Carol Blake, Ty Wessell, Eric Ostergren, Penny Morris, Sherry Powers, Dean Smallegan, David Freedman, Tony Lentych (virtual)

Absent: Eric Ostergren – Advance notice

Others Present: Brian Martinus, Interim Chief Executive Officer; Stacy Maiville, Executive Secretary; Dean Baldwin, Network Administrator; Brian Newcomb, Director of Recipient Rights; Lauri Fischer, Chief Financial Officer; Darryl Washington, Northern Health Care Management Director; Nancy Stevenson, Chief Operations Officer; Kari Barker, QI Compliance Director; Dan Mauk, Chief Information Officer, Jennifer Hemmes, Administrative Assistant, Karlson Ketchum, Barb Conley, Kelly Macintosh

Virtual –Curtis Cummins, Medical Director; Jessica Williams, Performance Improvement Specialist; Aimee Horton Johnson, Office Administrator; Terri Henderson, Service Information Specialist; Lisa Holmes, Clinical Review Manager; Chris Biggar, Finance Manager; Amanda Ritchie, Improvements Coordinator, Deb Freed, Public Relations; Alyssa Heider, Recipient Rights Specialist; Hilary Rappuhn, Project Coordinator; Melanie Schopieray, Customer Service Specialist - Quality Improvement & Compliance; Tiffany Fewins, Administrative Assistant; Jeremiah Williams, Information Technology Supervisor; Kari Barker, QI Compliance Director; Andrew Waite, Dave Simpson, Joanie Blamer, Marsha Brown, Teresa Cooper, Guest

Call to Order: Mr. Ben Townsend called the meeting to order at: 2:15 p.m.

Timekeeper: Sherry Powers

Approval of the Agenda:

Ms. Dahlstrom asked to add a CCBHC feasibility discussion along with the topic of the Policy Committee and Board governance. Items were added under the 3:35pm area.

Ms. Babcock requested to add a discussion about Board Retreat. Item added under 3:35pm area.

MOTION:	Accept the Agenda as amended
RESULT:	ADOPTED. [UNANIMOUS]
MOVER:	M. Marois
SECONDER	K. Dahlstrom

Ms. Dahlstrom also requested to discuss holding a special meeting regarding the governance model. This item was not added to the agenda.

MOTION:	Approve the Consent Agenda
RESULT:	ADOPTED. [UNANIMOUS]
MOVER:	S. Powers
SECONDER	D. Smallegan

Conflict of Interest Declaration: None.

Ownership Linkage:

Citizen Comment:

Carlson Ketchum, Grand Traverse County –Commented that he finds that the Center for Mental Wellness has no sustainability plan and emphasized the importance of a project manager. Concerned about its future.

Barb Conley, Leelanau County- Commented that there is a desperate need to increase the availability of mental health providers and services, especially in the schools. Very encouraged with the recent progress NLCMH has made. Urges the agency to evaluate all funding sources to available including the CCBHC.

Kelly Macintosh, Grand Traverse County – Commented that she hopes that the person in charge of the Center for Mental Wellness project does not stand to gain financially in any way shape or form. As a previous nurse in Munson, she remembers that there used to be places to send children in a mental health crisis. Too many people in crisis end up being taken to jail. Would like to see the project “hop to it and get it done”.

Chief Executive Officer’s Report:

Brian Martinus, Interim Chief Executive Officer, gave the Chief Executive Officer’s Report. Mr. Martinus thanked the board for voting in support for the retention pay for the staff and commented how it is made a positive impact on the lives of employees. The Crisis Welcome Center hours have been reduced due to safety concerns and staff shortages. The new hours are 6:00 a.m.- 12:00 a.m. There is an afterhours on-call phone number for those in crisis when the center is not open. Mr. Martinus also provided in his report, dates of note, the status of the Human Resource Manager position, and topics mentioned in the NLCMHA email blast and recent media.

Chief Financial Officer’s Report:

Lauri Fischer, Chief Financial Officer, reviewed her report with the Board. Medicaid redeterminations are still ongoing and will affect 3,197 people in the six counties. HSW enrollments continue to increase. The Clubhouses raised \$22,000 from fundraising during the Cherry festival which will help support activities, employments, trainings and more for its members.

Ms. Fischer also reviewed Medicaid, Healthy Michigan Plan and General funds. The CFO additionally discussed residential/inpatient usage. The average daily cost of a person in a contracted specialized residential home is \$240, a person in a semi-independent placement home is \$273. Inpatient services are

over budget by \$378,602 for this fiscal year. North Hope Crisis Residential is successfully diverting consumers in crisis from the hospital.

Revenues exceed expenses by \$3,851,969 through July 31, 2023. Ms. Fischer reviewed the contract page and the details within it. Last month 1,552 called the protocol crisis line.

Board members requested that Mr. Martinus review the effectiveness of the protocol line and report back to the Board next month.

The Board moved to approve the budget and capitalization plan for FY 2024.

MOTION:	Approve the 2024 Budget
RESULT:	ADOPTED. [UNANIMOUS]
MOVER:	A. Cambridge
SECONDER	C. Blake

MOTION:	Approve the 2024 Capitalization Plan
RESULT:	ADOPTED. [UNANIMOUS]
MOVER:	D. Smallegan
SECONDER	P. Morris

Northern Michigan Regional Entity Report: Recent NMRE updates were briefly discussed.

Assurance Of Organizational Performance:

A. Receipt of Board Monitoring Report & CEO Response to Monitoring Report:

MOTION:	The Board finds the organization in 100% compliance with policy 2.4 Financial Management
RESULT:	ADOPTED. [UNANIMOUS]
MOVER:	T. Wessell
SECONDER:	C. Blake

B. New Operational Worries:

A Board member expressed concern about Grand Traverse Center for Mental Wellness and stated that she would like to see the agency work with a company to provide guidance. Another member identified the topic is operational and that moving forward staff will give a monthly update on this topic, as requested earlier in the meeting.

C. August Monitoring Assignment:

The Board was given policy 2.1 Consumer Services as the August monitoring assignment.

Board Means Self-Assessment:

A. Receipt of Board Monitoring Report & CEO Response to Monitoring Report:

MOTION:	The Board finds the organization in 91% compliance with policy 4.1 Unity of Control
RESULT:	ADOPTED. [UNANIMOUS]
MOVER:	S. Powers
SECONDER:	T. Wessell

B. August Monitoring Assignment:

The Board was given policy 4.2 Accountability as the August monitoring assignment.

Governance Policies Discussion and Assessment:

A. Ends: None

B. Executive Limitations: None.

C. Governance Process/Ownership Linkage:

MOTION:	Approve the July 6, 2023 Budget Committee Minutes
RESULT:	ADOPTED. [UNANIMOUS]
MOVER:	M. Marois
SECONDER:	D. Freedman

MOTION:	Motion to increase the per diem amount to \$65 for less than four hours and \$110 for more than four hours.
RESULT:	ADOPTED. [UNANIMOUS]
MOVER:	M. Marois
SECONDER:	S. Powers

D. CCBHC Discussion – Ms. Dahlstrom provided her reasoning as to why the agency should do a feasibility study regarding CCBHC. There was substantial discussion about this topic. It was decided that some Board members will look into the CCBHC and share information with the Board.

E. Policy Committee – Ms. Dahlstrom asked what happened to the Policy Committee that the Board decided on during the October 2022 meeting. The Chair responded by referencing the November 2022 minutes where the Board decided to “table the Policy Committee”.

F. Board Retreat - Members of the Board discussed ideas for presenters during the Board retreat. The retreat will be an open meeting, posted, and available to public. Ideas for speakers include a representative from Oakland County, Sarah Bannon, and contacting the CMHA of MI for their recommendations. The NLD meeting in September will discuss further detail.

Ownership Linkage:

Citizen Comment:

Kelly Macintosh- Stated that after seeing the Board Meeting today, she understands why it has taken fifteen years since they shut down the facility for things to be done. Ms. Macintosh commented, “I feel sorry for you guys”. She stated “If this is how we are going to help the mentally ill in our community then something has got to change. Nothing has been accomplished today, other than someone is going to talk to someone about possibly coming to a meeting”. Ms. Macintosh mentioned that she will pray for the Board.

Toni Stanfield – Applauds the Board for “actually coming to a decision”. Commented that a retreat is a good idea and will help the Board make a decision, about how to make a decision. It is Important that the Board and staff are on the same page. Stated that it is clear the Board is not familiar with the pros and cons of a CCBHC. It is important that the Board has a specialist come in and educate the Board. Ms. Stanfield is very happy to see the relationship strengthen relations between law enforcement and the agency.

Announcements/Board Member Reports/Board Association:

Board Retreat is October 2, 2023, at the Cadillac Gym. 10am-4pm.

Mr. Freedman would like to ask the Board to support the Bill HB4707. The bill holds insurance companies accountable for providing these services. Would like the Board to send a letter of support for the bill. The Chairperson of the Board, Mr. Townsend, stated that he will look into if the letter can go out on letterhead or if it should go out on non-letterhead, so as not to be confused with lobbying.

MOTION	Write a letter from the board in support of HB4707.
RESULT:	ADOPTED. 14 – Yes, 1 Nay
MOVER:	D. Freedman
SECONDER	G. McMorrow

Ms. Dahlstrom commented about a recent round table with judges about AOT. She also expressed the 988 is a nationwide and encourages everyone to remember that number.

Ms. Morris spoke about the conference in Texas she attended, and the agency is headed in a good direction with the partnership with law enforcement.

Ms. Babcock spoke about an upcoming truck show, on September 13th in Roscommon.

Agenda Planning September -Houghton Lake:

Concept of Recovery – Board Education Session

Meeting Evaluation/Comments:

- #1 – We spent our time on the most important governance topics – Satisfactory
- #2 – We encouraged diversity of viewpoints – Excellent
- #3 – Our decisions were made collectively – Satisfactory
- #4 – The Board used it’s time effectively – Satisfactory

Two Board members expressed desire for microphones. The Chief Information Officer clarified that if microphones are added to the meeting, the P.A. system will interfere with the virtual aspect of the meeting.

Adjournment: The meeting adjourned at 4:12pm

Respectfully Submitted,

Ben Townsend, Chairperson

Sherry Powers, Board Secretary

Stacy Maiville, Executive Secretary

DRAFT