

Presents

# David Woods Bartley

Speaker, storyteller, writer

**SPECIAL TRAINING OPPORTUNITY**

**October 4, 2023 Cadillac**  
**October 5, 2023 Traverse City**

The **audience** for these free presentations are community members, parents, people served, providers, Northern Lakes staff.

Space is limited.



**David Woods Bartley** is a speaker, storyteller and writer. He has seen his fair share of successes and setbacks, from directing a nationally recognized nonprofit to battling the long-

term effects of childhood sexual trauma and a life-threatening mental illness. A serious fight with clinical depression led David to a suicide attempt. Luckily many people gave him support. Now he is committed to moving the conversation about suicide, male sexual trauma, and mental illness from the dark shadows to the forefront of public concern.

David has given two TED talks and was named a 2021 Mental Health Champion by the prestigious Steinberg Institute. He has presented more than 600 times to audiences across the United States, Canada, Central America, and India.



## 3 Topics/4 Times

1

### **FROM MENTAL HELLNESS TO MENTAL WELLNESS:**

*a journey of understanding, surrender and acceptance*

■ **OCT 4:** 3-5:00 pm, 527 Cobb St, Cadillac [LINK](#)

■ **OCT 5:** 10-12:00 pm, 105 Hall St, Traverse City [LINK](#)

2

### **THE WHAT OF SUICIDE AND THE HOW OF HOPE:**

*reflections from a man whose life was saved*

■ **OCT 5:** 2-4:00 pm, 105 Hall St, Traverse City [LINK](#)

3

### **SOMETIMES WHAT HURTS THE MOST CAN'T BE SEEN, AND SOMETIMES WHAT HELPS THE MOST IS EASY TO DO:**

*a lesson in mental health*

■ **OCT 5:** 5-7 pm, 105 Hall St, Traverse City [LINK](#)

More  
information

