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<b>Title</b>	<b>Northern Lakes CMHA Policies</b>
<b>Part 106</b>	<b>Supports and Services – NLCMHA Provided and Contract</b>
<b>Subpart J</b>	<b>Mental Health Code Protected Recipient Rights</b>
<b>Policy No.</b>	<b>106.1026</b>
<b>Subject</b>	<b>Person-Centered &amp; Family-Focused Planning Process (RR)</b>

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### **Applicability**

Policy applies to all NLCMHA activities, operations and sites and to all Employees except members of the governing body. Policy also applies to any Network Provider and its employees, volunteers, or agents that has elected to adopt and adhere to NLCMHA policies and procedures pertaining to Recipient Rights under the terms of its Participating Provider Agreement.

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### **Policy**

Northern Lakes CMHA and its contracted providers shall provide mental health services consistent with a person-centered planning process as required by the Michigan Mental Health Code (PA 258 of 1974, MCL 330.1700(g) and MCL 330.1712(1)] and as specified in the June 2017 Michigan Department of Health and Human Services Person-Centered Planning Practice Guideline (MDHHS Managed Mental Health Supports and Services Contract). This guideline shall be used as a basic model for our practice (Refer to Guideline).

### STANDARDS

1. As defined by law, Person-Centered Planning is a process for planning and supporting the individual receiving services that builds upon the individual's capacity to engage in activities that promote community life and that honors the individual's preferences, choices, and abilities. The person-centered planning process involves families, friends, and professionals as the individual desires or requires [MCL 330.1712(1)].
2. For services provided to minors, providers shall supplement the Person-Centered Planning Process with Family-Centered Practice. Family Centered Practice is supported by research and best practices currently being developed and implemented in Michigan and across the country (Dunst and Trivette 2003; MDCH Technical Advisory Group). While the minor is the recipient and therefore has certain rights under law, Family-Centered Planning rests on the assumption that a child or youth is an integral member of his or her family, which is the true center of treatment/support. Family-Centered Practice means that providers become collaborators in assisting the family reach its desired outcomes. (Refer to Family-Centered Practice Interpretive and Consultative Advisory).

3. A Person-Centered Planning Process and for minors, a Family-Centered Planning Process, will be used in partnership with a recipient and his or her legally empowered representatives and/or family to develop an Individualized Plan of Services (Refer to Policy 106.1027 Individual Plan of Service, for more guidance).
4. The implementation of Person-Centered and Family-Centered Planning shall be monitored by NLCMHA and across the provider network to ensure performance is consistent with required standards and corrective actions shall be taken to improve performance when indicated.
5. The Person Centered Planning process is to be initiated through a Pre-Planning encounter prior to the actual PCP meeting and development of the Individual Plan of Service. The IPOS is authorized for 364 days, a review of the IPOS is to be completed at least annually.

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## Procedures

None.

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**Adoption Date:** June 1, 2006

**Review Dates:**

June 8, 2009  
May 14, 2010  
March 27, 2012  
April 17, 2015  
March 27, 2018  
July 13, 2021 PK

**Revision Dates:**

August 31, 2010  
April 24, 2017  
June 22, 2017  
December 22, 2020  
August 19, 2021 PK