



Administrative Office, 105 Hall Street, Suite A, Traverse City, MI 49684

## Board of Directors Meeting Minutes

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May 20, 2021

2:15 p.m.

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Northern Lakes Community Mental Health Authority – Microsoft Teams Meeting (Virtual)

Called to order at 2:15 p.m. by Randy Kamps. This meeting is being held remotely due to the State of Emergency being called in the City of Cadillac which would have been the location of the meeting. However, for clarifying purposes Randy was reminded that just because someone has an emergency order simply means that you can have a meeting and be in compliance with the Open Meetings Act all virtual. It doesn't prohibit you from having meetings in person. He can guarantee that the next meeting will be in person and anyone who is uncomfortable can attend virtually. He requested that wherever we were going to meet in the rotation of meetings across the catchment area please arrange to do so if that is appropriate. It was identified that we need to ensure that we have 6-foot distance. He asked that we research that. Randy identified that we will meet in person for our June meeting.

Board Members Present: Grayling –Sherry Powers. Virtual or by Phone – Nicole Miller, Pam Babcock, Ben Townsend, Ty Wessell, Mary Marois, Rose Denny, Randy Kamps, Penny Morris, Greg McMorrow, Dean Vivian, Armandina Zamora, and Angela Griffis. Cadillac – Al Cambridge.

Board Members Absent: Lorelei King (advance notice) and Dan Lathrop.

Others Present: Virtual – Joanie Blamer, Acting Chief Executive Officer; Deb Lavender, Executive Secretary; Tracy Andrews, Director of Integrated and Managed Health Services; Kari Barker, Director of Quality and Compliance; Darryl Washington, Director of Long Term Care and Support Services; Lauri Fischer, Chief Financial Officer; Matt Leiter, Director of Human Resources; Dan Mauk, Chief Information Officer; Aaron Fader, Executive Administrative Specialist; Curt Cummins, Medical Director; Sarah Benson; Judy Barrett; and Kate Dahlstrom.

Confirmation of a Quorum-yes

Timekeeper – none

### 1. CALL TO ORDER:

### 2. AGENDA:

<b>MOTION:</b>	<b>Accept the Agenda for April 15, 2021</b>
<b>RESULT:</b>	<b>ADOPTED [UNANIMOUS]</b>
<b>MOVER:</b>	<b>Rose Denny</b>
<b>SECONDER:</b>	<b>Sherry Powers</b>

### 3. CONFLICT OF INTEREST DECLARATION:

No conflict of interest was declared.

## 4. CONSENT AGENDA:

### *Consideration of the Consent Agenda*

**MOTION:** Accept the Consent Agenda for May 20, 2021 with the exception of the financial statements.

**RESULT:** ADOPTED [UNANIMOUS]

**MOVER:** AI Cambridge

**SECONDER:** Mary Marois

AI referenced the financial statements as a reinforcement of our Board Education and Training meeting today. He reviewed the narrative and the financial statement. He indicated we might do another financial training session on the budgeting process and how that relates to expenditures. He noted that we are spending and earning well below our advances and available funds are. This is all information communicated as it relates to Medicaid with the Northern Region so they can balance within the region. He referenced the NMRE minutes that identifies Medicaid spending is substantially behind capitation throughout the region. Lauri responded to a question about revenues.

**MOTION:** Approve the financial statements.

**RESULT:** ADOPTED [UNANIMOUS]

**MOVER:** AI Cambridge

**SECONDER:** Rose Denny

## 5. OWNERSHIP LINKAGE:

- A. *Citizen Comment* – Sarah Benson from Wexford County – thank you for continuing to offer the virtual option to attend meetings as a community member. This makes the meeting more accessible to stakeholders, consumers, and community members at large. It would be wonderful if there was a video option as well to help to keep track of who is making which comments.

Kate Dahlstrom – If these meetings could be presented on a video platform like zoom and if you could be so kind to have each speaker identify themselves before they speak that would be helpful to know who is saying what that would be so helpful for the community.

Randy identified it is our process to listen but not respond. Thank you for your comments and please keep them coming.

- B. *Ownership Communication* – Received a copy of a letter in response to the letter that was sent to us by the Grand Traverse County Sheriff. We indicated at the last meeting that we would write a response and get to you for commentary. You will note that the letter has been signed but that doesn't mean that we cannot revise the letter to your satisfaction. He asked for edits or clarification of what is in the letter. Please say so at this time. The letter will be mailed.

Joanie noted that we did have a request come through Deb Lavender regarding making the Board materials available to the public prior to the meeting.

## 6. ELECTION OF OFFICERS:

Pam as Chairperson of the Nominating and Leadership Development Committee identified that she did not receive any additional nominations other than the current slate of officers – Randy Kamps as Chairperson, Rose Denny as Vice-Chairperson and Lorelei King as Board Secretary. Requested additional nominations from the floor three times.

<b>MOTION:</b>	<b>Approve the Slate of Officers with Randy Kamps as Chairperson, Rose Denny as Vice-Chairperson and Lorelei King as Board Secretary.</b>
<b>RESULT:</b>	<b>ROLL CALL VOTE: 10 YES. Marois, Vivian, Babcock, Griffis, Cambridge, Miller, Morris, Wessell, Powers, Townsend. 2 abstained since it is a group vote. Kamps and Denny.</b>
	<b>MOTION APPROVED.</b>
<b>MOVER:</b>	<b>Ty Wessell</b>
<b>SECONDER:</b>	<b>MARY Marois</b>

## 7. BOARD COMMITTEE, COMMITTEE CHAIRPERSONS, AND PARLIAMENTARIAN APPOINTMENTS:

Handout is dated May 13, 2020 and should be revised and will affirm appointments at our next meeting..

## 8. CHIEF EXECUTIVE OFFICER'S REPORT:

Joanie referenced Karl's report. Not mentioned in the report was a benefit stabilization plan. The NMRE Operations Committee worked to address the general lack of clinically qualified staff in our region and the need to do whatever we can to recruit and retain qualified and competent staff. The NMRE Board approved the use of a Benefit Stabilization Plan in April. We presented our plan and it was approved earlier this week. We outlined a plan for recruitment and retention of directly employed staff as well as contract providers for a plan totaling 2.4 million dollars. The directly employed staff who did not receive any monetary benefit for doing and supporting essential work throughout the pandemic with a primary focus on retention and recruitment. That made up of about 53% of the plan. Our directly employed direct care workers who have been provided the DCW wage increase is about 5% of the plan. That is above and beyond the direct care wages that they have received all throughout the pandemic response. For the provider network we have local autism centers at about 3% of the plan, homes in our area for about 25% of the plan and lastly our CLS agencies equates to about 14%. The plan is aligned with other CMHs in the region.

## 9. NORTHERN MICHIGAN REGIONAL ENTITY REPORT:

Randy identified that he could not attend the meeting due to internet difficulties. Mary attended the meeting and indicated that there was a detailed presentation about hiring a public relations firm. The firm would get the message out from our CMHSPs about what we do, how well we do it, and what impact it would make on the community. The Board had made a decision to go in this direction and contracted with a PR firm that had some experience in working with our CMHSPs and were quite reputable. We are defining in more detail exactly what we do and is in direct response to the takeover by the health plans. Contact your legislators.

## 10. ASSURANCE OF ORGANIZATIONAL PERFORMANCE:

- A. *Receipt of CEO Response to Monitoring Report – 2.8 Communication & Support to the Board (Internal Inspection)*

<b>MOTION:</b>	<b>The Board finds the organization 100% in compliance with Policy 2.8 Communication &amp; Support to the Board (Internal Inspection)</b>
<b>RESULT:</b>	<b>ADOPTED [UNANIMOUS]</b>
<b>MOVER:</b>	<b>Rose Denny</b>
<b>SECONDER:</b>	<b>Ty Wessell</b>

B. *New Operational Worries* – Board Members identified that they needed to address compensation for the Acting CEO during the interim period. The Board reviewed action taken previously when the CEO went out on a Leave of Absence. Will add as an agenda item for the next meeting. Action will be taken retroactively and will check with our attorney as to whether compensation discussion will need to be done in open session.

C. *May Monitoring Assignment*

2.9 Investments (Internal Inspection). Please complete and turn in.

## 11. BOARD MEANS SELF-ASSESSMENT

A. *Receipt of CEO Response to Monitoring Report – 3.7 Governance Committees (Direct Inspection)*

<b>MOTION:</b>	<b>The Board finds the organization 100% in compliance with Policy 3.7 Governance Committees (Direct Inspection)</b>
<b>RESULT:</b>	<b>ADOPTED [UNANIMOUS]</b>
<b>MOVER:</b>	<b>Ty Wessell</b>
<b>SECONDER:</b>	<b>Rose Denny</b>

*3.7A Recipient Rights Advisory Committee*

<b>MOTION:</b>	<b>The Board finds the organization 100% in compliance with Policy 3.7A Recipient Rights Advisory Committee (Direct Inspection)</b>
<b>RESULT:</b>	<b>ADOPTED [UNANIMOUS]</b>
<b>MOVER:</b>	<b>Ty Wessell</b>
<b>SECONDER:</b>	<b>Dean Vivian</b>

*3.7B Recipient Rights Appeals Committee*

<b>MOTION:</b>	<b>The Board finds the organization 100% in compliance with Policy 3.7B Recipient Rights Appeals Committee (Direct Inspection)</b>
<b>RESULT:</b>	<b>ADOPTED [UNANIMOUS]</b>
<b>MOVER:</b>	<b>Dean Vivian</b>
<b>SECONDER:</b>	<b>Mary Marois</b>

B. *May Monitoring Assignment*

3.8 Cost of Governance - Budget (Internal Inspection) and 3.8 Cost of Governance - Policy (Direct Inspection). Please complete and turn in.

## 12. GOVERNANCE POLICIES DISCUSSION AND ASSESSMENT:

A. *Ends* – None.

B. *Executive Limitations* – None.

C. *Governance Process/Ownership Linkages*

a. *NLD Minutes – May 12, 2021*

<b>MOTION:</b>	<b>Approve NLD Minutes of May 12, 2021</b>
<b>RESULT:</b>	<b>ADOPTED [UNANIMOUS]</b>
<b>MOVER:</b>	<b>Dean Vivian</b>
<b>SECONDER:</b>	<b>Pam Babcock</b>

*Comments about the financial presentation* – very informative, well presented, very well done, appreciated Al's participation in the presentation, excellent, most brilliant, our privilege of having Al on our Board as a person who finds numbers exciting. This is a topic that deserves an entire Board Retreat so that we can truly understand in a shorter time frame where the money comes from, how it is configured, what rules to play by, what opportunities and limits there are in each line item in the budget and how they interact with each other. We have had the privilege of having Lauri on staff and is a good first step and encouraged the NLD to expand on this in our educational sessions and perhaps take one line item at a time.

*b. Financial Audit*

<b>MOTION:</b>	<b>Accepted the Financial Audit for the period ending September 30, 2020.</b>
<b>RESULT:</b>	<b>ADOPTED [UNANIMOUS]</b>
<b>MOVER:</b>	<b>Mary Marois</b>
<b>SECONDER:</b>	<b>Rose Denny</b>

*c. Board/CEO Linkage – Not discussed.*

### 13. OWNERSHIP LINKAGE:

*A. Citizen Comment* – Kate Dahlstrom Grand Traverse County referenced the discussion about the NMRE and the PR firm. She thinks it could be a very good thing through meeting a lot of NAMI families and other individuals in our area there is a lot of confusion and lack of knowledge about what services are available at Northern Lakes Community Mental Health. For instance, Adult Mobile Crisis Services. The NAMI leaders, myself and many members didn't learn until recently that CMH will actually provide mobile services for adults in crisis. The other thing that she recently learned is that CMH will provide services for medical care such as primary physician care, vision and dental referrals and those things are available to everyone whether you have any insurance including Medicaid or not. Whatever you can do to possibly put a 2 X 4 foot crisis poster outside rather than a pamphlet. Unfortunately, a lot of us don't pick up a pamphlet and read them. Many families are unaware of the services that they desperately need and just don't know that the services are there. Can't stress enough that they focus on that providing the community with information about what services are available. Apparently, the poster idea about the number to call if you have a crisis so hopefully it is not something involving a fire arm they would call your hotline number rather than the police. There was also something like Facebook messages. She still believes a poster at grocery stores identifying the services that we provide.

### 14. ANNOUNCEMENTS/BOARD MEMBER REPORTS:

- Dean referenced a SUD meeting that he attended, and it was presented that judges, administrators of jails, prosecuting attorneys be made aware of benefits that the SUD can supply in programs to help people that have drug problems. Contact Sarah in Gaylord.
- Dean reported that he advised the Missaukee County Board of Commissioners that he would not be able to continue for much longer than four to five months. He would be selling his home and bought property in Florida and will be moving.
- Sherry noted that there is a kickoff on June 10 for the Families Against Narcotics Crawford County Chapter.
- Mary reminded Board Members about the Summer Conference of the Board Association June 14-17. It will be a virtual conference and lot less expensive to attend virtually. It is a good opportunity to learn more about what is going on and there are excellent workshops.
- Randy referenced the movement to health plans and privatizing services. In our area we are moving forward with the Health Homes and is a success story. Mary referenced the budget information presented earlier regarding General Funds, Medicaid funds and how that would affect our consumers compared to where the funds would go if those dollars go to the private sector.

**15. JUNE 17, 2021 AGENDA PLANNING:**

Reviewed agenda items: Compliance Quality and Customer Services, RRAC Minutes and closed session. Randy thanked all for your comments. We want to make sure we are open and accepting of everything that comes before us in this public forum where we are the stewards of the public's money for the benefit of the public.

**16. MEETING EVALUATION:**

Comments – None.

**17. ADJOURNMENT:**

The meeting adjourned at 3:19 p.m.

Respectfully Submitted,

Randy Kamps, Chairperson

Lorelei King, Board Secretary

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Debra Lavender, Recording Secretary

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