

1. Click the "Join Microsoft Teams Meeting" link.
2. Choose to "Open Microsoft Teams" or "Open your Teams app" if you have it installed! Using the Windows app limits what you are able to do within the meeting.
3. If you are joining as a guest, just enter your name when prompted, then join.
4. If you still need help, email the help desk at [help.desk@nlcmh.org](mailto:help.desk@nlcmh.org) or call 231-935-4055.

## Join Microsoft Teams Meeting

The screenshot shows a web browser window with a Microsoft Teams meeting join page. A security warning dialog box is open, asking for permission to open the Microsoft Teams application. The dialog box text reads: "Open Microsoft Teams? https://teams.microsoft.com wants to open this application. [ ] Always allow teams.microsoft.com to open links of this type in the associated app." There are two buttons: "Open Microsoft Teams" (highlighted in yellow) and "Cancel".

Below the dialog box, the main page content is visible. On the left, it says "How do you want to join your Teams meeting?". On the right, there are three options:

- Download the Windows app**: Use the desktop app for the best experience.
- Continue on this browser**: No download or installation required.
- Open your Teams app**: Already have it? Go right to your meeting. (This option is highlighted in yellow)