

Our Vision

Communities of informed, caring people living and working together.

Our Mission

To improve the overall health, wellness, and quality of life of our individuals, families and communities that we serve.

Our Values

We shall carry out our responsibilities consistent with our Values:

- In treating all people with compassion, dignity, and respect.
- In respecting diversity and individuality.
- In visionary public leadership, local decision-making, and accountability for our actions and decisions.

Northern Michigan Regional Entity

Jointly owned and operated by the five Community Mental Health Services Programs in the region to manage Medicaid behavioral health services in 21 northern lower Michigan counties:

AuSable Valley CMH Authority
Centra Wellness Network (Manistee Benzie)
North Country CMH
Northeast Michigan CMH Authority
Northern Lakes CMH Authority

NLCMHA Board Members

Crawford (2): Lorelei King, Sherry Powers
Grand Traverse (6): Randy Kamps, Nicole Miller,
Mary Marois, Sherise Shively, Armandina
"Nina" Zamora
Leelanau (2): Betty Bushey, Ty Wessell
Missaukee (2): Pam Babcock, Dean Vivian
Roscommon (2): Al Cambridge, Jr., Angela
Griffis
Wexford (2): Ben Townsend, Rose Denny

NLCMHA Board Meeting Schedule 2019

Meetings are open to the Public and begin at 2:15 p.m. Committee of the Whole Meetings are held prior to each Board meeting (12:30 p.m. start time). If any person with a disability needs accommodations, please call the Director's Office at (231) 935-3677 three days prior to the dates below. Video Conference may be available to another office location and should be verified by calling the Director's Office.

Jan 17, 2019 – 527 Cobb St, Cadillac
Feb 21, 2019 – 204 Meadows Dr, Grayling
Mar 21, 2019 – 105 Hall St, Traverse City
Apr 18, 2019 – 105 Hall St, Traverse City
May 16, 2019 – 2715 S. Townline Rd, Houghton Lake
June 20, 2019 – 527 Cobb St, Cadillac
July 18, 2019 – 204 Meadows Dr, Grayling
Aug 15, 2019 – 8527 E Government Center Dr, Suttons Bay
Sept 19, 2019 – 2715 S. Townline Rd, Houghton Lake
Oct 17, 2019 – 105 Hall St, Traverse City
Nov 21, 2019 – 527 Cobb St, Cadillac
Dec 19, 2019 – 105 Hall St, Traverse City

Programs and Services Accredited by CARF



2019 FACT SHEET

For information contact:

24/7 Crisis Services
(833) 295-0616

Customer Services
(800) 337-8598

or Access
(800) 492-5742

Cadillac Office: (231) 775-3463
Grayling Office: (989) 348-8522
Houghton Lake Office: (989) 366-8550
Traverse City Office: (231) 922-4850
TTY: 711

www.northernlakescmh.org

County Funding

Crawford	\$ 35,600
Grand Traverse	\$682,200
Leelanau	\$139,700
Missaukee	\$ 35,272
Roscommon	\$ 57,425
Wexford	\$ 76,543

Sources of Funding

Medicaid	74.9%
MI Choice Waiver	15.0%
State Sources	4.8%
Reimbursements	3.8%
Counties	1.4%
Reinvestment Sources	0.1%

NLCMHA Budget 2019

\$71,851,498

% of Spending by Population

	15/16	16/17	17/18
Adults	35.2%	36.3%	36.4%
Children	7.8%	7.6%	8.2%
I/DD	57.0%	56.1%	55.4%

of Registered Consumers Enrolled by Population for FY18 (%)

Adults with Mental Illness	3387	(60%)
Children with SED	947	(17%)
Intellectual/Develop Disability	937	(16%)
MI Choice Waiver	414	(7%)

Employees

310

2018 Provider Contracts

\$44,178,484 (63% of budget)

2018 Mental Health Spending By Program

Service Type	%	Cost
Comm Living Support/Training	32.7	17,792,664
Personal Care-Spec Residential	14.1	7,691,846
Inpatient Svcs/Partial Hospital	9.2	5,008,038
Supports Coord/Case Management	8.2	4,460,907
Autism Services	5.2	2,843,499
Assessments/Evaluation/Reviews	4.5	2,457,293
Home-Based Svcs & Respite	4.3	2,327,075
Assertive Community Treatment	3.9	2,147,006
Crisis Intervention/Emergencies	3.3	1,822,803
Therapy & Counseling	3.1	1,667,011
Skill Bldg Assistance/Family Train	2.7	1,450,831
Person Centered Treatmt Planning	2.1	1,129,130
Clubhouse Programs	1.6	896,393
Support/Integ Employment/Train	1.4	744,079
Crisis Residential Services	1.4	736,275
Medication Admin/Review	0.7	373,964
Peer Directed/Operated Svcs	0.7	357,886
Health Services/Nursing	0.4	230,393
All Other Services	0.3	166,200
Nursing Home Monitoring	0.2	124,314

Northern Health Care Management (MI Choice Waiver Program)

(800) 640-7478 or (231) 933-4917
www.northernhealthcare.org

- Serves the elderly and persons with disabilities in 10 counties.
- 414 people were served in FY 2018.
- Provides long-term care services at home.
- Nursing Facility Transition Initiative (helping people in nursing homes return to community living).
- Accredited by National Committee for Quality Assurance (NCQA).

myStrength:

The Health Club For Your Mind.
For a free account, sign up at
www.myStrength.com with the code
NLCMHCommunity

**Northern Lakes
Integrated Health Clinic**
Call (231) 935-3062 for an appointment.