

## The Speaker

Claudia Black, Ph. D., is the clinical architect and actively involved in the Claudia Black Young Adult Center at The Meadows Treatment Center in Arizona since 1998. Black's seminal work with children impacted by substance abuse in the late 1970s created the foundation for the adult child movement. Today Claudia is a renowned author and trainer internationally recognized for her pioneering and contemporary work with family systems and addictive disorders. She sits on the Advisory Board for the National Association of Children of Alcoholics, and the Advisory Council of the Moyer Foundation.

Black is the recipient of numerous national awards including the 2004 Distinguished Alumni Award from the University of Washington School of Social Work, the 2014 Father Joseph C. Martin Professional Excellence Award and the NAADAC 2014 Lifetime Achievement Award. Black has been a keynote speaker on Capitol Hill in Washington, D.C. and on Parliament Hill in Ottawa, Canada.

*The Traverse City Area Dual Diagnosis Task Force, a coalition of personnel from local service providers, wishes to gratefully acknowledge our area agencies for their support in keeping this year's attendance fees minimal. Development and promotional assistance have been donated by Catholic Human Services, Centra Wellness Network, Department of Human Services - Michigan Rehabilitation Services, Forest View Hospital, Munson Behavioral Health Services, Northern Lakes Community Mental Health, Old Town Psychological Services, and West Shore Community College. This conference is made possible through community and agency collaboration.*



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Traverse City MI 49684

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**Dual Disorders Conference Information**

## The Traverse City Area Dual Disorders Task Force

*presents*

## Trauma and Addiction in the Family: Behind the Curtain of Shame



**Thursday, April 21, 2016**

**Speaker**

**Claudia Black, Ph.D.**

• **NMC Hagerty Center** •

715 East Front Street  
Traverse City, Michigan 49686

## The Conference

The Traverse City Area Dual Disorders Task Force proudly presents our nineteenth annual conference on working with persons with a co-occurring disorder. A person with a co-occurring disorder is someone who has one or more co-existing mental illnesses in addition to substance abuse or substance dependence disorders.

## Educational Goals

When people think of trauma they often think of acute situations such as a natural disaster or car accident. Yet the majority of people who experience trauma experience a more subtle and chronic form that exists within their own family. Claudia will give a portrait of addiction in the family, offering an overlay of how adverse child experiences, emotional abandonment and violence are the foundation of emotional dysregulation fueling traumatic responses. Co-occurring disorders ranging from depression and anxiety to multi-addictive disorders will be discussed. The program will address the legacy of internalized shame, and shame screens common to people struggling with addiction and other mental health disorders. Recognizing the significance of family involvement in the treatment process, Claudia will offer a host of hands-on tools for working with the family, and the day will conclude with more detailed clinical considerations in working with female and young adult clients.

## Educational Credits

Application has been approved for 6.0 Certified Alcohol and Drug Counselor credits (C.A.D.C.), 6.0 Michigan Social Work (BSW/MSW) CEUs and 6.0 Michigan Board of Nursing (M.B.N.) credits. All sessions must be attended and an evaluation submitted to be eligible for credit.

## Objectives

1. Identify how trauma responses to flight, fight and freeze become acted out in the family impacted by addiction
2. Delineate the more blatant (Big T) and the more subtle (small t) traumas in the addicted family
3. Describe the relationship of shame and core clinical issues
4. Describe the relationship of abandonment and boundary distortion to the creation of unhealthy shame
5. Identify a variety of strategic interventions for use with family members in the treatment process
6. List clinical issues unique to working with both women and young adult populations

## The Agenda

- 8:00 a.m. - 8:30 a.m. Registration**  
Continental Breakfast (included)
- 8:30 a.m. - 10:30 a.m.**  
A Portrait of Addictions in the Family  
Trauma Responses to Fight, Flight, Freeze
- 10:30 a.m. - 10:45 a.m.**  
Break
- 10:45 a.m. - 12:00 p.m.**  
Identifying Shame Screens to People Struggling with Addictions
- 12:00 p.m. - 1:00 p.m.**  
Lunch (included)
- 1:00 p.m. - 2:45 p.m.**  
Opportunity for Questions and any discussion from morning; Clinical Strategies for Family Interventions
- 2:45 p.m. - 3:00 p.m.**  
Break
- 3:00 p.m. - 4:00 p.m.**  
Clinical Considerations of Trauma and Addiction Treatment with Women and Young Adults
- 4:00 p.m. - 4:30 p.m.**  
Conference Closing with Questions  
Evaluation and Certificate Distribution

## Registration

**Fee:** \$50.00 Early Registration postmarked on or before April 11, 2016, which includes continental breakfast and lunch. \$60.00 Late Registration postmarked after April 11, 2016. No cancellations accepted but substitutions can be made.

**Payment:** Registration fee (nonrefundable), payable by check or money order, must accompany the completed form below.

Please make checks payable to:  
Northern Lakes Community Mental Health  
Attn: Cynthia Petersen  
105 Hall Street, Suite A  
Traverse City, MI 49684

**Information:** Any questions on the conference or ADA accommodations or grievances, call Cynthia Petersen at 231-935-3099 direct line or E-Mail at cindy.petersen@nlcmh.org. The fax is 231-935-3082.



## 'BEHIND THE CURTAIN' CONFERENCE

### Hagerty Conference Registration Form *(Please print or type)*

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Certificate of credit preference (check appropriate box)  
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Please enclose your check/money order payable to:  
Northern Lakes Community Mental Health  
Attn: C. Petersen  
105 Hall St., Suite A  
Traverse City, MI 49684

