The Speaker

Anneshia Freeman, MBA, MSW, CADC-M, created a cognitive restructuring and resocialization program entitled The Lies That Bind®. The program is based on the work of several experts in the fields of neuroscience and psychology as well as the results of a 15-year participant/observation, exploratory, ethnographic research project of several inner-city subcultures. Currently she provides cognitive restructuring and resocialization program services for Drug Court and Sobriety Court clients. She developed an adolescent version of The Lies That Bind® Program that has been utilized by Central City Weed and Seed, The Hispanic Center, Urban Family Ministries, Kent County Juvenile Detention Center, Arbor Circle's Homeless Youth program, Habitat's YouthBuild program, and Youth Opportunity Program in Toledo, Ohio. She is a highly rated motivational speaker and trainer for the human service industry. Ms. Freeman is a published author and in 2012 established her consulting firm.

The Traverse City Area Dual Diagnosis Task Force, a coalition of personnel from local service providers, wishes to gratefully acknowledge our area agencies for their support in keeping this year's attendance fees minimal. Development and promotional assistance have been donated by Catholic Human Services, Centra Wellness Network, Department of Human Services - Michigan Rehabilitation Services, Forest View Hospital, Mind/Body/ Spirit Connections, Munson Behavioral Health Services, Northern Lakes Community Mental Health, Old Town Psychological Services, and West Shore Community College. This conference is made possible through community and agency collaboration.

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Dual Disorders Conference Information

The Traverse City Area Dual Disorders Task Force

presents

Breaking the Cycle:

The Lies that Trap Us

Thursday, April 23, 2015

Speaker

Anneshia Freeman,
MBA, MSW, CADC-M

• NMC Hagerty Center •
715 East Front Street
Traverse City, Michigan 49686

The Conference

The Traverse City Dual Disorders Task Force proudly presents our eighteenth conference on working with clients with co-occurring disorders. A person with a co-occurring disorder is someone who has one or more co-existing mental illnesses in addition to substance abuse or substance dependence disorders.

Educational Goals

Anneshia Freeman has developed a cognitive restructuring and resocialization program that addresses the root cause of many co-occurring disorders. The program entitled The Lies That Bind® is a cause and effect treatment methodology. The program was created to help individuals who suffered with distorted belief systems that caused them to live dysfunctional lifestyles. The program proved to be an effective model for treating co-occurring disorders. Upon completing this training, participants will be able to identify the role of the unconscious belief system in causing and sustaining many co-occurring disorders. This training provides an overview of the strategies employed by The Lies That Bind® program to assist individuals in reprogramming their unconscious belief system. Participants will also learn how the program uses resocialization techniques to teach individuals how to navigate new environments.

Educational Credits

Application has been approved for 6.0 Certified Alcohol and Drug Counselor credits (C.A.D.C.), 6.0 Michigan Social Work (BSW/MSW) CEUs and 6.0 Michigan Board of Nursing (M.B.N.) credits. All sessions must be attended and an evaluation submitted to be eligible for credit.

Objectives

1. Articulate how the unconscious belief system is formed based on the findings of neuroscience and psychology experts.
2. Identify the role of the unconscious self-concept and belief system in causing and perpetuating substance use disorders – cause and effect.
3. Discuss how substance use and mental health disorders can be addressed simultaneously via cognitive restructuring.
4. Articulate the role of resocialization in the recovery process.

The Agenda

8:00 a.m. - 8:30 a.m. Registration
Continental Breakfast (included)

8:30 a.m. - 10:30 a.m.
Unconscious Belief System

10:30 a.m. - 10:45 a.m.
Break

10:45 a.m. - 12:00 p.m.
Cause and Effect of Substance Use Disorders

12:00 p.m. - 1:00 p.m.
Lunch (included)

1:00 p.m. - 2:30 p.m.
Cognitive Restructuring

2:30 p.m. - 2:45 p.m.
Break

2:45 p.m. - 4:00 p.m.
Resocialization Techniques in Recovery

4:00 p.m. - 4:30 p.m.
Conference Closing with Questions and Certificate Distribution

Registration

Fee: $50.00 Early Registration postmarked on or before April 17, 2015, which includes continental breakfast and lunch. $60.00 Late Registration postmarked after April 17, 2015. No cancellations accepted but substitutions can be made.

Payment: Registration fee (nonrefundable), payable by check or money order, must accompany the completed form below.

Please make checks payable to:
Northern Lakes Community Mental Health
Attn: Cynthia Petersen
105 Hall Street, Suite A
Traverse City, MI 49684

Information: Any questions on the conference or ADA accommodations or grievances, call Cynthia Petersen at 231-935-3099 direct line or E-Mail at cindy.petersen@nlcmh.org. The fax is 231-935-3082.

'LIES THAT TRAP US' CONFERENCE

Hagerty Conference Registration Form
(Please print or type)

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Organization(s)_____

Address_____

City/State/Zip _____

Telephone_____ Fax_____

Email(s)_____

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Certificate of credit preference (check appropriate box)
☐ C.A.D.C. ☐ BSW/MSW ☐ M.B.N.

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Northern Lakes Community Mental Health
Attn: C. Petersen
105 Hall St., Suite A
Traverse City, MI 49684