



Recovery Council Meeting Minutes
Friday, October 24, 2008 / 1:00 PM – 3:00 PM
Houghton Lake CMH Office

Attendees: Jean Wistinghausen, Michelle Fisher, Bob Houghton, Kathy Meyer, Liz MacCord, Barb McNitt, Vikki Roofe, Julie Weiss, Mary Beth Evans (Chair)
Absent: Todd Davis (excused with notice), Joan (excused with notice), Ashley (excused with notice)
Partners: Dave Branding
Staff Support: Val Bishop (minute taker)

Introductions, Celebrations, and Review of Agenda Items

Catherine has resigned, so we have an opening for a consumer position in Grayling. Discussed: Mental Health Parity; budgets; Autism care issues; Living Well Conference; State Recipient Rights Conference – Rights and Recovery presentation.

Note: Explanation of voucher pay rates - \$35.00 for everyone except as follows: TC to HL = \$70; HL to TC = \$70.00.

Standing Agenda Items:

- 1. Learning Community Meetings – Liz – discussed a new attendee in Cadillac-was very positive. TC had 6 new attendees this month.*
- 2. September meeting minutes – Vikki motioned to approve as written; Julie 2nded. Approved.*

Evaluation of a Recovery Resource: *Develop a policy which defines the recovery blueprint to present to the CEO (Greg Paffhouse)*

- Continue review of DRAFT policy – Feedback*
- Compile suggestions and finalize*
- Reviewed and gave input to Greg Paffhouse*

Break - 2:15 – 2:25

Evaluation of a Recovery Resource: 5 stages in the Recovery Process Training Video

- Implementation/Facilitation (update on facilitators training Monday 10-13-08) – Michelle gave an update on the video to be used by new staff. Training will be provided by a supervisor and a peer/consumer. Consider options for use of the video. Consider taking some consumer clips to put into the policy. Use when consumers come in. TC will pilot use of the manual. Hope is a key. Input from consumers (by diagnosis) with information sheets. Consider Lunch & Learn @ DHS.*

Next steps: Community presentation video; consumer video-could give to all consumers at entry.

FINAL

Blueprint Task: *Recovery Enhancing Environment (REE) Update (Dave Branding)* – Yesterday there was a phone conference with Advocates for Human Potential who have contracted to help roll out the REE in Michigan. They have set responsibilities for: 1) lead agency (coordinate training of surveyors, etc); 2) consumer surveyors who can survey. Lead agencies – NLCMH and Oakland CMH. Our interest is to have info to share with staff and consumers within our organization and improve services within our organization. The State is looking at minimum sample size. There will be negotiation. We might have to pay for additions. Discussion. Next steps in November will be to build implementation plans for both organizations.

Public Comment: Dave thought it was a great meeting, especially about hope! Mary Beth mentioned Sherry Rushman – Hope givers, Hope receivers and Hope stealers – and possibly having her do a presentation at one of our NLCMH conference in the next year.

Next steps, review of assignments and comments – Julie is going to draft a sample recovery policy by next RC meeting based on our input from today's meeting. Bob mentioned that we should make sure we have more positive comments vs. negatives.

October Agenda Planning:

- Recovery Enhancing Environment Update
- Review policy examples
- Feedback on gaps survey

Meeting adjourned at 3:00 PM. Moved by Barb, Michelle 2nded. All approved.