



**Recovery Council Meeting Minutes**

Friday, September 26, 2008 / 1:00 PM – 3:00 PM  
Cadillac CMH Office

**Attendees:** Joan, Jean Wistinghausen, Michelle Fisher, Catherine Bergum, Bob Houghton, Kathy Meyer, Liz MacCord, Barb McNitt, Vikki Roofe, Julie Weiss, Ashley, Mary Beth Evans (Chair)

**Absent:** Todd (excused with notice)

**Partners:** Dave Branding, Julie

**Staff Support:** Val Bishop (minute taker)

**Introductions, Celebrations, and Review of Agenda Items**

**Standing Agenda Items:**

- 1. Learning Community Meetings – Financial challenges/budgeting; social supports; holiday blues; make your own gifts for the holidays, etc. Consider a celebration in December for the RC – maybe potluck or restaurant.*
- 2. August meeting minutes – Liz motioned to approve; Jean 2<sup>nd</sup>; approved with no amendments.*

**Evaluation of a Recovery Resource:** *Develop a policy which defines the recovery blueprint to present to the CEO (Greg Paffhouse)*

- Review DRAFT policy – Read and discussed draft. Like “overarching goal”. 1<sup>st</sup> paragraph – long sentences. 2<sup>nd</sup> paragraph changes in 1<sup>st</sup> sentence. Rest is OK. This makes it clear what the shift is. 3<sup>rd</sup> paragraph – emotional, but that’s important. Stopped at 3<sup>rd</sup> paragraph*
- Compile suggestions and begin to finalize for October meeting*

**Break-1:50 – 2:00**

**Discussion:** *Updated Version of Recovery Council Blueprint Tasks*

- RC Expectations from updated Blueprint – Mary Beth gave an overview of the updated Blueprint, Blueprint tasks and progress on the Blueprint (by dimension). Blueprint tasks were reviewed in depth. Discussion about access – what might be look at changing in the access process? One possibility is to give consumers a recovery CD.*

**Evaluation of a Recovery Resource: 5 stages in the Recovery Process**

- Update from unit meetings – copy of definition in intake packet; getting additional information for stress reduction; when to use the video with staff and consumers; can apply to anything, not just someone with mental illness; discharge planning at intake; make sure that we have information available; real life stories,*

## FINAL

“Plant the seed of recovery”; give information on a broader scale – what to expect, what options are available; letter to outline what to expect at intake; may consider use of short video at 1<sup>st</sup> appointment, etc.

- Implementation/Facilitation (including update from planning group) – 10/13  
Facilitation training – Operations Managers/supervisors; peers/consumers.

**Blueprint Task:** *Recovery Enhancing Environment (REE) Update (Dave Branding)* – Dave shared a handout. Michigan has identified a form that will be used. The state will identify the programs that will have to be surveyed and will negotiate with the CMH to make a plan for that agency.

**Public Comment:** Julie – taking it all in; Dave – just glad to be here and see everyone.

**Next steps, review of assignments and comments – 1) Bring feedback on Recovery policy to October meeting. 2) Comments – good; lots of good ideas; bring recipes to LC.**

**October Agenda Planning:**

- Recovery Enhancing Environment Update
- Consumer and Clinical Survey Update
- Recovery Policy

**Meeting adjourned at 2:50 PM – motioned by Vikki, 2<sup>nd</sup> by Kathy.**