

Blueprint Timeline:

- Achieved** Select an instrument to measure individual program compatibility with recovery principles (REE)
- Achieved** Launch beginning Recovery Center activities including Virtual Recovery Center blog & continue Anti-Stigma activities
- Achieved** Finalize work plan & budget for Anti-Stigma & Recovery block grants
- Achieved** Make Pathways to Recovery curriculum available in all offices
- Achieved** Review Board Governance Policy 1-1-01 Consumer & Community Ends to ensure commitment to recovery is present
- Achieved** Present recovery blueprint to Executive Team for discussion & support including change management as defined in System Dimension 13
- Achieved** Finalize Appalachian Consulting Group contract & scope of work
- Achieved** Determine size, composition, membership & responsibilities of Recovery Council
- Achieved** Seat Recovery Council & hold first meeting
- Achieved** Present concept of Learning Community
- Achieved** Develop Learning Community curriculum & hold initial Learning Community meetings
- Achieved** Define, interview, hire & train a primary consumer as Recovery Coordinator to carry out recovery initiatives in partnership with Recovery Council
- Achieved** Created recovery-oriented hiring practices: Postings, ads, job descriptions completed
- Achieved** Ensure adequate Independent Facilitator capacity to accommodate individual preferences
- Achieved** Develop job description for peers providing Peer Support Specialist services
- Achieved** Review curriculum available in Essential Learning modules & identify if additional training is necessary or desirable for NLCMH employees
- Achieved** Review current information on interpreters, identify gaps & create a plan to address gaps
- Achieved** Outline potential elements to be included in an advocacy plan
- Achieved** Advocate with MDCH so that college credits received for peer training are transferable to other college/university settings in our service area
- Achieved** Design recovery training video for staff, providers & independent facilitators
- Achieved** Provide all NLCMH staff the updated Member Handbook with training opportunities to review & discuss
- Achieved** Provide for immersion learning about recovery (The Village in LA & UofK)
- Achieved** Review FY 08 federal block grant budget & revise as needed
- Achieved** Identify & contract with fiscal intermediaries
- Achieved** Examine utilizing emerging practices such as Pat Deegan's University of Kansas Peer Controlled/Friendly Access
- Achieved** Designate a group dedicated to system transformation on mental health recovery
- Achieved** Produce first report on the status of all recovery system change activity
- Ongoing** Continue to expand Virtual Recovery Center blog
- Ongoing** Create recovery-oriented training opportunities
- Ongoing** Develop & implement a strategy to educate workforce & consumers on the role & value of CPSS's
- Ongoing** Implement Anti-Stigma block grant action plan
- Ongoing** Examine & make recommendations about utilizing the most promising technologies to increase access
- Ongoing** Monitor progress & when obstacles are encountered, refer to appropriate parties for solution
- ???** Build NLCMH capacity for PSS to be "train the trainer" facilitators in WRAP
- 2/1/08** Identify what is needed to address holistic wellness & propose changes to improve performance
- 4/1/08** Review & revise existing community partner coordination agreements to ensure they address recovery & identify other possible community partners
- 5/1/08** Review FY '09 block grant in regard to Recovery Course Catalog & further conceptualize, design & develop a contextual model of the Recovery education program
- 5/1/08** Seat volunteer workgroup to plan for further expansion of Virtual Recovery Center blog
- 6/1/08** Schedule a meeting with migrant clinic staff to discuss MH services needs & a possible role for NLCMH
- 6/1/08** Develop a presentation using the Ambassador Training material
- 6/1/08** Develop recovery community presentation
- 6/1/08** Produce 2nd report on the status of all recovery system change activity
- 7/1/08** Identify assessment tool for staff to use to examine individual programs from staff perspective
- 7/1/08** Review FY '09 block grant in regard to Recovery Course Catalog & further conceptualize, design & develop a contextual model of the Recovery education program
- 7/1/08** Develop a strategy for WRAP in all offices

7/1/08 Develop a recovery evaluation plan & methodologies which are coordinated with MDCH outcome measurement initiatives & considers working with outside consultants including bullet points
7/1/08 Develop a policy which defines recovery, building upon the recovery blueprint to present to the CEO
7/1/08 Start to create a recovery-oriented environment by assessing for barriers & negative messages & make recommendations for initial improvements
7/1/08 Create recovery-oriented hiring practices: Evaluations to be completed by this time
7/1/08 Adopt & implement a consistent IPOS form & PCP process organization-wide
7/1/08 Define the most critical existing community resources to consumers & make plan to collect, maintain & share info in 2-county clusters where currently unavailable
7/1/08 Define the most critical existing health & human service resources to consumers for staff referral purposes & make plan to collect, maintain & share info in 2-county clusters where currently unavailable
7/1/08 Explore current local curriculum initiatives & opportunities to partner with local Native American community for possible Essential Learning course unique to local needs as well as potential for making this available to contract providers in another medium
7/1/08 Communicate information about interpreter availability among provider network
7/1/08 Review & revise training plan to include recovery as a mandatory staff training for all staff
7/1/08 Finalize a plan to sustain commitments made for the recovery & anti-stigma block grants that are prioritized to continue beyond the grant
7/1/08 Create a steering committee to broadly oversee overall organization system transformation
8/1/08 Identify contractual community partners who are necessary to support recovery within our communities
8/1/08 Identify our community partners with coordination agreements who are necessary to support recovery within our communities
8/1/08 Identify & pursue external funding sources to help build & sustain recovery efforts
9/1/08 Evaluate existing delivery system to present recommendations for improvements including possibility of redesigning services around the stages of recovery
9/1/08 Examine individual programs underlying values for compatibility with recovery principles & recommend improvements
9/1/08 Adopt a recovery policy
9/1/08 Prioritize contractual community partners who are necessary to support recovery within our communities
9/1/08 Prioritize our community partners with coordination agreements who are necessary to support recovery within our communities
9/1/08 Identify & prioritize other community partners who are necessary to support recovery within our communities
9/1/08 Produce 3rd report on the status of all recovery system change activity
10/1/08 Develop electronic data capacity to support recovery evaluation plan
10/1/08 Review policies to determine if they are recovery focused & eliminate barriers as identified
10/1/08 Create a strategy to regularly collect via current consumer venues the gaps in community resources needed to support consumers
10/1/08 Design consistent consumer application for services to include all the life domains
10/1/08 Write a general "consumerism" guideline
10/1/08 Identify & build strategic relationships & coalitions with the various cultures in our area
10/1/08 Develop advocacy plan which involves consumers & families to be self-advocates & promotes recovery in the community
10/1/08 Create an in-depth recovery course/unit, including course objectives & readings, for human service classes
10/1/08 Develop Recovery 101 course objectives
10/1/08 Develop a recovery training plan for consumers, staff & contractual providers
10/1/08 Develop model or plan on how incentives could potentially be used to facilitate & support recovery-based practices by staff & contract providers
10/1/08 Study & potentially revise access policy/process to be more consumer friendly & welcoming
10/1/08 Present demand & capacity report to Recovery Council for input on adequacy of capacity
10/1/08 Make recommendations about utilizing emerging practices such as Pat Deegan's University of Kansas Peer Controlled/Friendly Access
12/1/08 Produce 4th report on the status of all recovery system change activity
1/1/09 Adopt & utilize information from a single application for service across our service area that promotes ENDS evaluation
1/1/09 Prepare communication strategy for community collaboratives, county commissions & others to advocate for resources as identified
1/1/09 Review current assessments & revise if necessary to ensure that the life domains are addressed
1/1/09 Create strategies to strengthen relationships with partners & assist them in promoting recovery principles
1/1/09 Write a general "consumerism" guideline, incorporating ideas about employing peers
1/1/09 Approach faculty leads at our colleges & universities about including recovery units in their existing courses
1/1/09 Assess value of possible external training & certification programs for NLCMH staff (Boston University Psychosoc. Rehab, USPRA)
1/1/09 Make a decision regarding benefit of consultant relationship to support change management/system transformation & the work of the steering committee
4/1/09 Develop a plan for each of the eight steps for leading successful change

- 4/1/09** Create measurement tools, timelines & expectations for periodic assessments regarding status & communication thereof
- 7/1/09** Evaluate existing system including the Standards Group & MDCH regarding SD to present recommendations to establish arrangements
- 7/1/09** Identify consumers interested in becoming the leaders for identification, creation & promotion of holistic wellness