

**NORTHERN LAKES COMMUNITY MENTAL HEALTH  
GROUP HOME CURRICULUM GUIDELINES**

Northern Lakes Community Mental Health Group Home Training Program provides a two-part **59-hour** training program for group home managers, direct care staff, and health care providers. The following outline provides curriculum information. Curriculum used is the Department of Community Health's guide "Providing Residential Services in Community Settings."

**Part 1** consists of 62 class hours to be completed by direct care staff within the first 3 months (with the exception of **Recipient Rights**, which orientation must occur on the first day, Independent Study to be completed within the first 30 days and classroom training within 120 days) of an employee's hire date for all specialized residential homes. Michigan Department of Community Health standards do not permit employees to function independently in the home until they have successfully completed all of Part 1.

Class Name	Class Hrs
CO1 Introduction to your Role/ Person Centered Planning	6
CO2 Recipient Rights	3
CO3 Environmental Emergencies	3
CO4 CPR	4
CO5 First Aid	4
CO6 Basic Health	6
CO7 Nutrition	3
CO8 Basic Medications	9
C10 Working With People I- (Introduction to Human Needs & Gentle Teaching)	3
C11 Working With People II (Positive Gentle Teaching Techniques)	4
C12 Basic Intervention	9

**NOTE: Formerly part of the curriculum, The Advanced Health and Meds Class is no longer a requirement by certification rules. However, because this class offers further education in the area of medications, the class will continue to be offered in the Traverse City location on a semi-annual basis.**

Class Name	Class Hrs	Prerequisite
CO9 Advanced Health & Meds	6	Basic Medication

**Part II** consists of 3 class hours to be completed within 6 months of the employees hire date. This class is home specific & is required only of people working in homes that implement behavioral treatment plans or deal with highly disruptive behaviors.

Class Name	Class Hrs	Prerequisite
C13 Advanced Intervention	3	Basic Intervention

**REFRESHER CREDIT REQUIREMENTS**

Class Name	Class Hrs	How Often
CO4 CPR	4	Every Year
CO5 First Aid	4	Every 3 Years
CO8-R Medications	3	Every 3 Years
CO2-R Recipient Rights	2	Every Year

**In addition to the training requirements listed above, the following \*topics must be reviewed, with new information if applicable, on a YEARLY BASIS. Documentation of both content and attendance must be within the records of the specialized facility, and is the responsibility of the manager of the home.**

Limited English Proficiency	Rights/Confidentiality/HIPAA	Cultural Diversity
Emergency Procedure/Crisis Prevention	Infection Control/Blood borne Pathogens	Person Centered Planning
Workplace Violence Prevention	Safety	

**Information presented must be current, applicable to the setting, and must be presented by a person who is knowledgeable about the topic. Videotape material may be used if appropriate.**

**\*Will soon be available on the NLCMH website.**