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<b>Title 1</b>	<b>Northern Lakes Policies</b>
<b>Part 106</b>	<b>Supports and Services – NLCMH Provided and Contract</b>
<b>Subpart J</b>	<b>Mental Health Code Protected Recipient Rights</b>
<b>Policy No.</b>	<b>106.1032</b>
<b>Subject</b>	<b>Medications – Prescription and Review (RR)</b>

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### **Applicability**

Policy applies to all NLCMH activities, operations and sites and to all Workforce Members except members of the governing body. Policy also applies to any Network Provider and its employees, volunteers, or agents that has elected to adopt and adhere to NLCMH policies and procedures pertaining to Recipient Rights under the terms of its Participating Provider Agreement.

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### **Policy**

All medications prescribed by Northern Lakes CMH and its contracted providers shall be prescribed and reviewed according to current statutes and regulations.

1. Only licensed psychiatrists shall prescribe medications.
2. Prescriptions from Northern Lakes CMH will be limited to those medications having a primary focus on psychiatric symptoms or relief of the side effects of psychotropic medications.
3. "Psychotropic medication" means any medication administered for the treatment or amelioration of disorders of thought, mood, or behavior.
4. Medication dosing shall be in accordance with standards of practice as defined by the American Psychiatric Association (APA) guidelines.
5. All medications prescribed will be documented in the recipient's medical record. Any subsequent medication changes will be documented in the consumer's record by the prescribing psychiatrist or nurse accepting the order.
6. The frequency of the medication reviews will be determined as set forth in a recipient's Individual Plan of Service and based upon a recipient's clinical status.
7. In instances where medication is used as a behavioral control technique, there must be a suitable behavioral modification program to deal with the primary problem. The Behavior Treatment Committee will review medications used for behavioral control at the frequency indicated in the consumer's plan.

8. The prescribing psychiatrist or their agent will document consumer's allergies in the medical section of the consumer's record. Additionally, allergy stickers will be attached to the cover of each consumer's record.
9. Laboratory studies will be requested by the prescribing psychiatrist in accordance with standards of practice as defined by the American Psychiatric Association (APA) guidelines and at psychiatrist discretion.
10. As outlined in other Northern Lakes CMH policies and procedures, informed consent to medications will be obtained per Medications Informed Consent.
11. Upon a recipient's discharge, a provider shall ensure that the recipient has access to enough medication until he or she can become established with another provider.

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## Procedures

None.

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**Adoption Date:** May 23, 2006

**Review Dates:**  
June 8, 2009

**Revision Dates:**  
May 12, 2010  
August 31, 2010