

DRAFT



Recovery Council Meeting Minutes
Friday, April 24, 2009 / 1:00 PM – 3:00 PM

Attendees: Mary Beth Evans (Chairperson), Joan, Julie Weiss, Vikki Roofe, Barb McNitt, Jean Wistinghausen, Bob Houghton, Liz MacCord, Ernie Reynolds, Michelle Fisher, Pat (new member), Kathy Meyer.

Absent: N/A

Partners/Guests: Dave Byington, Susan Bonanni, Greg Paffhouse.

Council Vacancies: Traverse City

Staff support: Val Bishop

Introductions, Celebrations

Everyone introduced themselves and shared positives.

Assignments – List of Council Accomplishments – member feedback. Discussed what the council wants to see. We will look at a one page bullet point type list. Deb Freed will work on this.

Standing Agenda Items

Learning Community Meetings – Kathy enjoyed the meeting in April meeting and would like to join a group. Feedback on diagnoses – discussion is most important to attendees. Concern about discussion and where that leads. Discussion about going back to diagnoses we have covered.

Review of assignments – Mary Beth reviewed assignments

Approval of March meeting minutes – Kathy moved, Ernie seconded. All Approved.

Recovery Council Blueprint Tasks – on blue sheets. This will be updated soon.

Project Updates – Newsletter printed. We have the e-mail send list. Working on a mailing list. We are continuing to get postcards and recipes. Please continue to submit.

Review of Agenda – Mary Beth reviewed the agenda. Adjusted multi-family group up on the agenda.

BREAK

Recovery Council Membership and Terms

Vacancies – Traverse City. Ashley has resigned.

New Cadillac Member – introduction of Pat

Discussion of Terms/Self-Assessments of RC members – Greg Paffhouse passed an article about a teen with schizophrenia. Greg gave an update on the policy. Additional feedback was received. 1st – on being welcoming. 2nd clean-up language. Intent to get final words adjusted and send out for adoption.

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Greg passed 2 documents – a self-assessment form and council assessment form.

Council assessment – Greg pointed out the RC concept paper that is in today's packet. He built the assessment on the concept paper. Greg referenced some of the items. Greg suggests the council use this form to do a self-assessment. He suggests this be done every year.

Individual assessment – Greg walked through this form. We should use as a quality improvement activity.

Greg encourages the group to complete this today.

Mary Beth brought up terms and concerns of the group. Greg reviewed options and possible rules. We could do fixed terms. Terms could be renewable. Mary Beth indicated that the council agreed that we would limit assignments/terms to 4 year terms. Greg reviewed the original thoughts in setting up this group; primarily consumers; represent all locations, etc. Liz agrees that completing an assessment annually is important. She made suggestions on other ways to use the self-assessment – such as before someone joins the group and at exit. Pat indicated her feedback. Greg suggests that this be done once and then figure out how to do it in the future. Ernie suggests evaluation at least once per year. Greg thinks it's less important on how you do it; more important that it gets done. The group completed assessments. Deb Freed suggested considering adding an item for people to identify accomplishments that members are proud of. Kathy has found the council to be a very interesting experience. Joan indicated that she appreciates the learning experience. Bob indicated the importance of spirituality and how important being a part of the council has helped him with his. That we should continue to find ways to incorporate spirituality into our meetings.

Multi-Family Group - Discussion – Dave Byington gave an overview of this group. We started about 4 years ago. Looking to start the 5th group in TC. One group held in Cadillac. The object is to bring a consumer in with their family members. Dave indicated that results are very positive. Susan mentioned attending and how significant the experience was. The group has a very specific focus. It is not a support group. Dave gave examples of how the group helps attendees. Barb mentioned a consumer that she worked with who is working, who developed a peer group. Liz wondered why it has worked so well in TC and not other locations. Val mentioned some of the challenges that have kept the groups from happening at the other sites. The question was asked whether people can attend if they aren't current consumers. Dave reviewed briefly the brochure. Dave referred members to the annual report that has a comment from a mom of an individual who attends one of the groups and the progress that was made. People can attend from other counties. Brochures were shared.

Review of Meeting

Next Steps – Future agenda items – Community survey.

Comments from Council Members – Newsletter looks great.

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Review of Assignments –

- 1) Val to get Council Binder to Pat and Ernie.
- 2) Check community calendar – Cadillac News. Deb Freed will do follow-up on this.
- 3) Mary Beth will send the applications to TC staff to recruit a new member.
- 4) Mary Beth will compile the group assessment.
- 5) Greg will e-mail the assessments to Mary Beth.
- 6) Greg, Val and Mary Beth will bring back options for terms to the June meeting.
- 7) Deb will compile a list of council accomplishments

Public comment – Susan shared that she is proud of the choir that is coming to fruition in July.

May/June Agenda Planning –

- Assessment results;
- Term identification (June meeting)
- Customer Services Presentations at LC in May
- Recovery Council List of Accomplishments

Adjournment - Pat motioned to adjourn, Liz 2nded. All approved. Meeting adjourned at 2:55 PM